

“Why Trust in God”

Psalm 31

Big Idea – The LORD is the only absolute fortress in troubled times.

1. God is our Rock, our Refuge, our Strength - vs. 1 – 5

When others do evil trust God for His strength.

David's prayer of commitment in vs. 5 was also said by the Lord Jesus on the cross.

the word "commit," means "to deposit in trust, as money in a bank."

2. He is superior to useless idols - vs. 6

Note the repeated "but I trust" (vv. 1, 6, 14, 19). The word means to depend on, to lean on.

Jonah quoted verse 6 in his prayer from the great fish (Jonah 2:8)

3. God is merciful when others are not - vs. 7 – 13

When others cause pain trust God for His mercy.

David was filled with grief; he was sighing; his physical strength was failing; and his very bones were weakening. His soul and inner being were pained because of the troubles others were causing. He must have examined his heart and discovered sin there, so he confessed it to the Lord. Along with his physical and emotional anguish was the way people were treating him

(vv. 11-13). David's enemies were spreading malicious lies about him and people believed them.

4. God has our future in His hands - vs. 14 – 18

He's got the Whole World in His hands...

5. God delights in the praises of His people - vs. 19 - 24

Praise Him for His goodness - vs. 19

Praise Him for His presence - vs. 20

Praise Him for His unfailing love - vs. 21

When you see the victory give God the Glory

6. God preserves the faithful who love Him - vs. 23

7. God strengthens the hearts of all who hope and trust in Him - vs. 24